הַקְדָּמָה

יָדיד נֶפֶשׁ, אָב הָרַחֲמָן, מְשׁוֹך עַבְדָּךְ אֶל רְצוֹנְךְּ, יָרוּץ עַבְדֶּךְ פְּמוֹ אַיָּל, יִשְׁתַּחֲוֶה מוּל הֲדָרָךְּ, כִּי יֶעֲרַב לוֹ יְדִידוּתָךְ, מִנְּפֶת צוּף וְכָל טֶעַם.

הָדוּר, נָאֶה, זִיו הָעוֹלָם, נַפְּשִׁי חוֹלַת אַהֲבֶּתָרְ, אָנָא, אֵל נָא, רְפָא נָא לָה, בְּהַרְאוֹת לָה נְעַם זִיוָךְ, אָז תִּתְחַזֵּק וְתִתְרַפֵּא, וְהָיְתָה לֶךְ שִׁפְחַת עוֹלָם.

וָתִיק, יֶהֶמוּ רַחֲמֶיךּ, וְחוּס נָא עַל בֵּן אוֹהֲבָךּ, פִי זֶה כַּמָּה נִכְסוֹף נִכְסַף לִרְאוֹת בְּתִפְּאֶרֶת עָזָּךּ, אָנָא, אֵלִי, מַחְמַד לִבִּי, חְוּשֶׁה נָּא, וְאַל תִּתְעַלָּם.

הָבֶּלֵה נָא, וּפְרוֹשׁ חָבִיב עָלַי, אֶת סְכַּת שְׁלוֹמָךְ, תָּאִיר אֶרֶץ מִּבְּבוֹדָךְ, נָגִילָה וְנִשְּׁמְחָה בָּךְ, מַהֵר אָהוּב, כִּי בָא מוֹעֵד, וְחְנֵּנִי כִּימֵי עוֹלָם.

BELOVED OF MY SOUL יְדִיד נֵפֵשׁ. Written by Eleazar Azikri (1533-1600), Y'did Nefesh has become one of the favorite songs with which to introduce the Friday evening service. (Some Ḥasidim sing it every morning before services begin.) Y'did Nefesh was characterized by its author as a love song directed to God. The poem is built out of an acrostic of the name of God: each stanza begins with one letter of the fourletter divine name, vod-heivav-hei, and each develops the metaphor of God as lover. When sung, both Sephardic and Ashkenazic musical traditions utilize haunting melodies evoking intense desire. The version here accords with the author's handwritten manuscript, found in the library

of the Jewish Theological Seminary. For example, many printed versions leave out the word *ki* ("for") in the third line, though it is present in the original. Similarly, later versions substituted the word *simhat* ("joyful") for *shifhat* ("servant") in the sixth line.

COMPASSIONATE FATHER אָב הָרַחֲמֶן. The Hebrew word for "compassionate" is derived from the same root as the word meaning "womb" (reḥem). The combination of the two words thus creates a phrase that combines masculine and feminine images.

נוסד נופאר בו יין הָעוֹלֶם. As the sun sets and the day's light dims, our yearning for light—spiritual light, a sense of God's presence—increases. Here, the poet longs for the spark (ziv) of divine light that animates all creation and nourishes our souls. By the last stanza of the poem, this spark no longer seems sufficient; we pray that the spark expand to a radiant glory, illuminating all.

HER לָּה. The Hebrew word for soul (*nefesh*) is feminine. In addition, the aspect of God found in this world, within us, is thought of in mystical Jewish literature as the feminine apect of the Divine, the Shekhinah.

ANCIENT ONE יָתִיק. In mystical literature, the "ancient of days" is one of the aspects of the Divine.