ALIYAH BLESSING BEFORE TORAH IS READ

Take the Tzizit (the long strings on a corner of the talit), touch them to the first word of the Aliyah in the Torah, and then kiss them. (When having an Aliyah without a Talit, use the Gartle [Strap] from the Torah.) Then, hold both handles of the Torah, stand with your feet together, and sing:

AT THIS POINT, YOU STOP AND THE CONGREGATION SINGS THE NEXT LINE:

YOU REPEAT THE LINE THAT THE CONGREGATION HAS JUST SUNG:

CONTINUE:

^{*} YOU SHOULD NOT LOOK INTO THE TORAH WHILE RECITING THE BLESSINGS, EVEN IF YOU HAVE MEMORIZED THEM.